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The Inkwell

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inkwell

The Award-Winning Voice of Armstrong Atlantic State University
inkwell@mail.armstrong.edu * www.sa.armstrong.edu/inkwell

April 21, 2004 * Volume 68 Edition 15



Eronina hurls perfect game on way to championship game

Courtesy of KSU Sports

The Armstrong softball team advanced to the championship game of the Peach Belt Conference (PBC) tournament following two wins on Saturday.

Katya Eronina, a four-time Pitcher of the Week in the PBC, led the way for the Lady Pirates, pitching both games to pick up wins 30 and 31 on the season.

In the second game, Eronina pitched the first perfect game in PBC tournament history. The game only lasted five innings, and Eronina struck out eight batters while retiring all 15 batters she faced.

Armstrong defeated host USC Spartanburg, 2-1, in Saturday's first game. Chelcee Culberson and Amanda Kort hit back-to-back RBI doubles in the second inning to give the Pirates all the offense they would need.

Eronina gave up one run in seven innings and struck out 10 for the Pirates.

In game two, Eronina hurled the first perfect



Armstrong P Katya Eronina - C. Lancia

game in PBC tournament history with an 8-0 win over Francis Marion.

Armstrong scored seven runs in the second inning, highlighted by Amanda Kort's two-run home run, to come away with the victory.

With the two wins, Armstrong was set up to play two games on Sunday for the championship, but had to be beaten twice to lose.

Kennesaw State (KSU) entered the PBC Tournament as the nation's No. 1 team and the No. 1 seed in the

tournament. The Owls lost to upstart Francis Marion Saturday and fought their way through the loser's bracket to the championship game against second-seeded Armstrong.

The Owls had a little more fight left in themselves as Kennesaw State claimed a thrilling 3-2 victory in 11 innings over the Pirates to claim the tournament title at Cyrill Stadium.

KSU improves to 61-4 on the year, while Armstrong falls to 41-7. With the win, KSU won its 7th tournament championship in the 11-year history of the event with the seven titles coming in the last eight years.

Early on, it looked like Armstrong had the upper-hand in the contest with starter Eronina in control on the mound.

Eronina was spotted early run support when Amanda Kort's fielder's choice scored Amber Hunt to give the Pirates a 1-0 lead.

Armstrong put runners on second and third with two outs in the third inning, but

KSU reliever Lisa Macki got the final out of the inning and quashed the threat.

With neither pitcher looking to give in, Armstrong looked to be on its way to their first tournament title until Amy Middleton, the co-PBC Player of the Year, tied the game in the sixth inning with an RBI single that scored Hunt.

The game entered into extra innings and both teams threatened to score in the ninth inning, however Eronina and Macki pitched out of trouble to extend the game.

Kort hit a single with one out in the top of the 11th inning to give the Pirates life at the plate.

After Jenny Alfirov was hit by a pitch, the Pirates loaded the bases on a fielder's choice and throwing error by KSU. Kort then scored on another fielder's choice and throwing error, but Macki got the next batter to hit into a double play to limit the damage as Armstrong took a 2-1 lead.

In the bottom of the in-

ning, Cambria McKay led off the inning with a single and Jennifer Nolan followed with a double. After Eronina struck out Kate Winstel, Megan Gant singled to right center to drive in McKay and Nolan scored after the Pirate second baseman fumbled the exchange from her glove to her hand and KSU took home the championship.

Macki (19-1) went 10 innings to pick up the win for the Owls and was named the Tournament Most Valuable Player. She struck out 4 batters along the way.

Eronina (31-1) went the distance for Armstrong, giving up two earned runs and taking her first loss of the season.

Middleton finished with three hits for KSU, while Hunt collected three hits for Armstrong.

Eronina, Kissy Stepanova, and Culberson were named to the All-Tournament team.

• Chris Lancia contributed to this story.

AMBUCS scholarships awarded to two Armstrong students

Lauren Hunsberger
Copy Editor

Two Armstrong students were recognized recently for their hard work, dedication, and devotion in the fields of Physical Therapy and Respiratory Therapy.

Physical Therapy student Lindsey Parks and Respiratory Therapy student Melissa Smith were chosen as recipients of the recently awarded scholarships provided by the community service group, AMBUCS, and Mr. Ross Bowers, Assistant Professor of Respiratory Therapy at Armstrong.

AMBUCS is a local com-

munity service group that volunteers to help the disabled community.

Bowers has been involved with the group since 1996 and says, "our mission is creating independence for people with disabilities."

Bowers works with AMBUCS because he is able to recruit students majoring in a rehab discipline such as speech pathology, respiratory therapy, or physical therapy to volunteer, and in turn AMBUCS provides scholarships to those students who show the most commitment and loyalty.

The students that work with Bowers are volunteers for a very successful program,

established in 1965, called the Exceptional Bowler's League.

The league, which Bowers is passionately attached to, has 64 disabled bowlers who are often, "wheel chair dependent," and need assistance getting up to the lanes.

The bowlers use a specially constructed ramp when bowling and the volunteers help them line up the ramp and push the ball allowing some of the bowlers to become very proficient with the ramp and are now able to bowl an impressive score of 180.

Bowers has had many students participate in the truly outstanding program, but

Parks and Smith, who are both currently volunteering for their second year, have shown, "the most commitment, and are very dependable."

The program "is a real win, win type situation," AMBUCS gets the help of students who are trained and willing to work with the bowlers, the bowlers get to participate in an activity which they may not have previously been able to take part in, and the students get experience working in their field, as well as the chance for a scholarship.

Bowers is elated that students are taking an interest in his program but he is es-

pecially proud of the fact that since he began his work with AMBUCS, only eight years ago, he has been able to assist 25 students in receiving scholarships.

He plans to continue his work with AMBUCS and the Exceptional Bowlers League, and hopes to provide more students with the unrivaled opportunity to work with such a unique program.

Congratulations are in order for Lindsey and Melissa, as well as a special thanks to AMBUCS and Mr. Ross Bowers.



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Lady Pirates tennis wins 10th title • Page 10

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Life Purpose

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Experience nature because
the way we are headed,
it will soon be extinct.
Grow up now,
for maturity is in short supply.
Love your neighbors,
for a deed such as this
can only breed the same.
Find your true love,
and start your family.
Discover faith in the Divine.
It's all just that simple.

--Jeremy Cole

TOP TEN

Snacks that are in heavy rotation
here at the Inkwell

10. Mini Moon Pies
9. Iced animal cookies
8. Pretzels & cheese
7. Animal cookies
6. Wavy Lays
5. Guacamole Doritos
4. Crackers & cheese
3. Breadsticks & cheese
2. Instant cheese grits
1. Frosted animal cookies



ARE YOU HUNGRY?

The Honors Program will feed you!

Where: Hawes Hall and/or Gamble Hall

When: April 19 - April 23
11:30am - 1:15pm

Menu:

Sandwiches:	\$2.75
Chips:	\$0.50
Soda:	\$0.50
Water:	\$0.75

Combo: Sanwhich, Chips & Soda - \$3.50

Desserts will be available as well!

Any questions please call Chris Shirley @
912.224.3312

Real Majors of Genius

This week we salute you Engineering Major. Your inability to decide which college to attend, Armstrong or Georgia Tech, may seem like confusion, but we see it as ambition. When we are burning bridges, not only do you rebuild them, but you give support as well. You may have few friends, but you do have a replica of the Sears Tower built from playing cards in your basement, which would only make friends jealous anyway. Thanks to your meticulous calculations, we are able to turn people away from a crowded elevator and hold your sign as proof, which says, "weight limit: 650lbs." So pat yourself on the back Engineering Major, for we all feel your disappointment when you realized that you wouldn't be certified to drive a train.

Quick Armstrong News

-compiled by Chris Lancia

• ARMSTRONG TO HOLD MOOT COURT COMPETITION

Armstrong Atlantic State University (AASU) will hold a Moot Court Competition to argue the case of *Rasul et al v. Bush*, a US Supreme Court case that centers on the detaining of foreign citizens by the US government in Guantanamo Bay. The competition will begin at noon on April 23 in room 157 of University Hall. The suit, filed by Shafiq Rasul and the families of those still detained, claims that the detaining of the foreign citizens without representation is illegal and violates international treaties. There are also questions concerning the care that the detainees received while in US custody.

Government officials claim that because the detainees are not US citizens that they cannot file a suit in a US court of law. They also claim that the detainees may be enemy combatants and therefore would not be protected by the constitution or international law.

• ARMSTRONG AWARDED \$20,000 ECLIPSE INNOVATION GRANT

Armstrong Atlantic State University was awarded a \$20,000 Eclipse Innovation Grant from the IBM Scholars Program. The grant was awarded for Mark Burge's proposal, "Developing Java Card and OpenCard Framework Applications Using Eclipse and the JCOP Tools Plugin," that focuses on teaching students to develop smart card-based security applications.

Burge is the principal investigator and Stephen Jodis, assistant dean of the School of Computing, is the co-principal investigator of this grant. Burge said IBM's support "increases the impact of our National Science Foundation Award by extending the results into smart card development."

The Eclipse Innovation Grant competition encourages the active use of the Eclipse open source software for academic curricula and research. Each year researchers from around the world compete for one of the 55 awards, which include a \$20,000 stipend and an invitation to present their work at IBM's Eclipse Innovation Workshop.

Since joining Armstrong Atlantic, Burge has been instrumental in the acquisition of two major grants from the National Science Foundation (NSF). A \$400,000, four-year grant, awards full scholarships to students with high academic standing and a need for financial assistance. These scholarships are provided to students majoring in computer science.

Burge also served as principal investigator for a \$60,000, two-year grant from the NSF to develop curriculum to prepare students for handheld and ubiquitous computing careers. He teaches a course on the development of software for small platforms-cell phones, PDAs, and smartcards, one of the few such courses in the United States.

In 2003, Burge was named one of the Best and Brightest Young Georgians in Georgia Trend's "40 under 40" issue. He earned his doctorate at Johannes Kepler University in Austria, where he worked as a research scientist for the Austrian Science Foundation. He has also worked at the Swiss Federal Institute of Technology in Zurich, Switzerland, and Ohio State University's NASA Commercial Space Center.

• TANNENBAUM NAMED INTERIM SPECIAL ASSISTANT TO THE VP FOR ACADEMIC AFFAIRS

Armstrong Atlantic State University (AASU) announces that Barbara Tanenbaum has been named interim special assistant to the vice president for academic affairs. In her new role, Tanenbaum will assist the office in the areas of academic appeals, strategic planning, strategic initiatives, and community outreach.

In addition to her new role in academic affairs, Tanenbaum will continue to serve as head of the Department of Dental Hygiene, a position she has held since 1993. Under her leadership, the dental hygiene department has earned professional accreditation and received commendations in the areas of administration, faculty, and students.

Tanenbaum was instrumental in starting distance learning programs in dental hygiene at Coastal Georgia Community College and East Georgia College. This effort was made possible through a Strategic Allocation Grant awarded to her department, one of only twenty departments to receive such a grant statewide.

Tanenbaum was selected to serve on several committees and task forces for national organizations, such as the American Dental Association, the American Dental Education Association, and the American Academy of Periodontology. She also has co-authored numerous articles on teaching and learning strategies.

Tanenbaum earned an Ed.D. in Curriculum and Instruction from the University of Georgia, an M. Ed. with a concentration in Sciences from Armstrong State College, and a B.S. in Dental Hygiene from the Medical College of Georgia.

• ARMSTRONG TO HOST PRESENTATION ON ROLE OF G-8 IN WORLD AFFAIRS

Armstrong Atlantic State University (AASU) will hold a presentation for the public on April 22 to help the community understand the G8's role in meeting major global challenges. Typical issues discussed at recent G8 summits included terrorism, proliferation of weapons of mass destruction, the spread of HIV/AIDS, and famine. Professor John Kirton, founder and director of The G8 Research Group, will give a presentation taken from his series of books: *The G8 and Global Governance*, *Global Finance*, and *Global Environmental Governance*. The presentation will begin at 7 p.m. in room 158 of AASU's University Hall.

Professor Kirton is an associate professor of political science at the University of Toronto. He also is a fellow of Trinity College, a research associate of the Centre for International Studies, and a member of the International Relations Programme at the university. He received his Ph.D. from the Johns Hopkins University School of Advanced International Studies in Washington, DC.

The G8 Research Group is a global network of scholars, students, and professionals in the media business, government, NGO, and academic and research communities that follow the work of the G-8 and related institutions. The research group is managed from the University of Toronto through the International Relations Program based at Trinity College. The online G8 Information Centre, www.g8.utoronto.ca, contains the world's most comprehensive and authoritative collection of information and analysis on the G8.

For more information about the presentation, contact Jose daCruz at 912.921.5670.

Cyrus Take:

Our Two Cents

I work at a fast food joint. I see someone, an employee, putting arsenic into the burgers.

Arsenic is historically the poison of choice for many murders.

Now, I know that I'm a good person. I love my job. But, at the same time someone or even more so, some people will die if I don't tell someone.

Do I inform my manager that someone is putting food poisoning in the burgers? Let me ask, what if it was you? Would you want to know? Hopefully the answer is yes.

If you have an STD, a sexually transmitted disease, it is your partner's RIGHT to know.

The same as it's the customer's right to know if there's food poisoning in their burger. He bought that burger. He deserves to know.

If your significant other is trusting and he has been honest with you, then he deserves the same from you.

What we're dealing with goes beyond an STD. It's TRUST.

First you must put yourself in his/her shoes. And ask yourself, "Would I want to know?" Is it fair for you to say you love that person yet not tell them something that is SO IMPORTANT?

He or she has put his faith in you. You put your faith in him. If you say, "But, he won't love me anymore." Then, you must realize, what is going to happen, is going to happen.

Maybe there's a chance you two will work through this.

But, whether or not things work-out, it is not right for you to withhold this from someone you love.

Research has shown that more than 5,000 people die each year from food poisoning, most of them never even know the poison is there.

Just imagine how many lives would be saved if those people knew. Make peace with yourself and your disease before you tell him or her.



Cyrus Steele II
Advice Columnist

Tara Gergacs
Advice Columnist

Should I tell my partner that I have an STD? If so, what is the best way?

The outcome could be hard for him or her to deal with. But, in the end you will have done what's right for BOTH of you.

That is more important than anything right now. It is a true test of love.

*

Tara's Opinion:

You definatetly need to tell your partner that you have an STD. It would not be fair to him/her if you gave him/her your disease.

There is no easy way to tell your partner that you have an STD because you are probably scared he/she will leave you because of that reason.

First, sit your partner down and explain what kind of disease you have and what you do to suppress it.

Explain your mediations and other treatments that your doctor has given to you. Make

sure you are aware of your partners feelings because he/she will probably be shocked and maybe angry.

You may hear the following: "Did you not use protection?" "Are you going to die?" "I can't believe you didn't tell me sooner!"

You may even hear the worst one of all: "Are you stupid! We learned about STDs in middle school!"

Whatever your partner's reaction is, please stay calm and try to explain to him/her. They may not understand because they are not in your shoes.

Everyone makes mistakes, but we have to learn from them to become better people.

Some STDs are curable with antibiotics and other medications. If you know that your STD is curable explain it to your partner because it will make the situation easier.

Remember that you are not the only one in the world that has a STD.

Studies show that "over 6,000 college students surveyed, 19% reported having been diagnosed with an STD."

Bottom line; you must use protection! I don't care if it feels better without protection, don't play around with your life!

There is that disease that is not curable, AIDS. "As many as 2 in every 1000 college students may be infected with HIV."

Telling your partner that you have a STD is a horrible situation, but I hope that you can learn more about STDs in the future so you will not have to tell another partner.

Abstinence is the best form of prevention, but if you must have sex, please use a condom and limit your sexual partners.

Also get yearly check up exams and get tested for STDs.

*

Got a question that you want answered?

Need some advice on what to do with your relationship? Just need another opinion on how to say what you want to that special someone? No matter what the question, we've got an answer, and if we don't, we'll find you one! E-mail us at:

talk_to_us_04@hotmail.com

All questions will be kept confidential!

Feeling stressed out?

Head over to Student Affairs @ Compass Point and speak to a counselor!

Call 927-5374 to set up an appointment!



Karen Daiss
Fashion Columnist

Now everyone can be a model- a virtual model that is. Virtual models allow online shoppers to recreate their body using a step-by-step formula.

Choosing from categories consisting of height, weight, basic shape, waist definition, and bust size a semi-accurate representation of the body is formed.

The next steps include choosing from face, eye, nose, and lip shape. After choosing a hair color and style, your virtual model is ready to shop!

Though not a 100% accurate representation of a woman's body- there are generally only three body shapes to choose from- virtual models allow shoppers to preview different outfits and try new silhouettes, cuts, and lengths without ever stepping foot into a store.

Virtual models can be showcased from any angle (so you can see how those low-rise jeans really do flatter from behind).

The "try before you buy" option of these virtual dressing rooms eliminates much of the hassle of returning items bought online because the style does not flatter your body type.

So far there are only a few clothing sites that feature virtual models.

Among them are:

glamour.com: this site allows the user to try on different outfits featured in the pages on their monthly-distributed maga-

zine. Currently Glamour offers users the ability to try on different styles of bikinis and one-piece bathing suits. *myvirtualmodel.com*: after creating a model, the user can shop with their new virtual self at various affiliated sites including Glamour, Land's End, Kohl's, and Victoria's Secret.

Though online shopping with virtual models is limited, they do provide an opportunity to try different clothing styles without ever leaving your computer.

Once you test new styles on your virtual model, decisions about which styles look best on your body type will be easier when shopping at other online stores.

Hopefully, one day all online stores will include virtual

models as part of the online shopping process. Until then, we will just have to brave the fluorescent lights of the dressing rooms.

*



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Phillip Pope
Fashion Columnist

There has been an epidemic going around campus among the girls; Terry Cloth and Velour Syndrome, or TCVS for short.

This is for the girls who for some reason or another, can't seem to separate themselves from these two materials.

Day in and day out they wear a different shade of terry cloth

to class. Now, I have thought this through, but still don't understand why girls want to go around town looking like one of those Easter peeps you find in the grocery store. [You know what I am talking about! Those peeps that are marshmallow filled and they come in 200 spring time colors such as pink, purple, blue, and the list goes on and on.]

Now don't get me wrong, if you are venturing to the beach or if you are going to be lounging around the house all day, then a velour or terry suit would be appropriate.

On that note, from very far away that terry cloth looks as if you are wearing one huge beach towel that has been cut into two different pieces.

Velour on the other hand, is a little bit better but not really. In the winter season, velour is a good thing to wear, being that it is almost the same as suede.

I have spotted a few people who still continue to wear these velour jogging suits in the

spring and summer months, but as I have said before, your safety is my priority.

I am still in the midst of being certified in CPR, thus should you faint due to heat related causes then you may be on your own home slice.

Keep in mind that when the medics come to get you they will literally take a pair of scissors to that pretty little velour

suit (which by the way won't be covered by your insurance plan) so always dress accordingly.

I must admit the guys already know this rule because they are not excluded from it.

Being that six designers

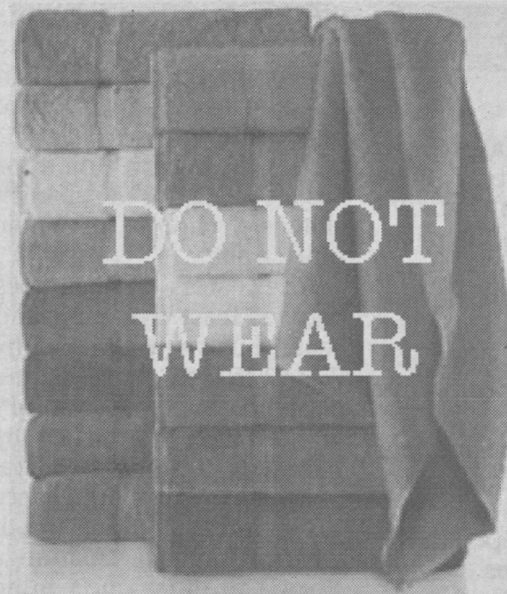
make a line of men's velour suits, we too have to comply. That's why after February, you won't see a guy in a velour suit because they understand that shifting them from season to season is strictly prohibited.

Have you noticed that from really far away, girls who are in velour suits have a strong resemblance to the characters in the matrix?

I don't know if they are walking or about to do a mid-air twist followed up by a drop kick. I know it may be hard to resist the temptation ladies, however, I know that you will be able to pull through in epic proportions.

When you shop, always look for an alternative that isn't so much part of the fad. By doing this, it gives you individuality, rather than making you appear as a carbon copy. Setting your own style and pace is what will make you more famous than what you are already are.

*



It's Good to Know: Yoga or Pilates? Which one is for you?



Kasey Ray
Health Columnist

Joseph H. Pilates in the 1920's.

Joseph was born in Germany in 1881, and as a child, he was plagued with several illnesses. As he got older, he had an extreme interest in physical fitness, which stemmed from being a weak child.

He was motivated to use his knowledge in yoga, Zen meditation, martial arts and other fitness techniques that he knew to strengthen his own body and improve his health.

Yoga (Sanskrit: "union", or "yoke") is one of the six darsanas (schools) of Vedic philosophy.

The history of yoga goes back at least five thousand years, but yogic philosophy was codified some time between the 2nd century BC and the 3rd century by Patanjali in the Yoga Sutra, which prescribes adherence to "eight limbs" (the sum of which constitute "Ashtanga Yoga") to quiet one's mind and merge with the infinite: Yama (moral codes), Niyama (self-purification and

study), Asana (posture), Pranayama (breath control), Pratyahara (sense control), Dharana (concentration), Dhyana (meditation), Samadhi (absorption).

There are many separate paths of yoga, which "yogis" (practitioners) follow in the pursuit of spiritual fulfillment (union of the individual with the infinite).

Some are quite recent inventions, but here are a few of the more ancient branches: bhakti yoga (devotional love), karma yoga (to be mindful of one's own actions), hatha yoga (physical body/energy), jnana yoga (contemplation), raja yoga (psychic ritual).

When comparing the two practices, there are clear similarities, as well as differences.

First of all, yoga and pilates are the two most popular types of mind-body exercise classes practiced in the United States.

Yoga is considered the "father" of all exercise techniques while chi kung (from which tai chi is derived) is the "mother."

Experts call pilates a child of yoga and chi kung because many exercises seem to be borrowed from yoga

but have the flowing movement of chi kung.

Yoga and Pilates both encourage "mindful movement."

Unlike running or walking, where your movement becomes automatic, you have to keep your mind totally focused on what your body is doing when you practice yoga or Pilates.

Yoga and pilates techniques have three similar characteristics to achieve a healthy balance between mind, body and spirit. These are mindfulness, correct physical form and breathing.

A main difference is that yoga exercises are static, meaning you get into the pose, you hold it for several breath cycles, and then you get out of the pose.

Pilates exercises, meanwhile, are constantly moving. You perform five to 10 repetitions of an exercise, and then you move on to the next.

Pilates strives to develop a graceful and fluid rhythm as you perform the repetitions and as you move from one exercise to another.

In other words, pilates is kinetic yoga, or yoga in motion.

Breathing is a main key in both yoga and pilates. In pilates, there is just one type of breath, called the "ribcage breath." In yoga, there are several different breaths, depending on the pose and difficulty level.

In yoga, you inhale and exhale through the nose, while in pilates, you breathe through the nose and exhale through your mouth.

These are the differences and similarities that you can find in yoga and pilates. Their histories are very different, but the mind and body connection that they share will always create a bridge between them.

If it comes down to which practice that someone wants to follow, the answer would be that it depends on what they are looking to accomplish.

Yoga provides long, lean muscles and a spiritual awareness. Pilates offers long and lean muscles too, but also a more toned and sculptured body.

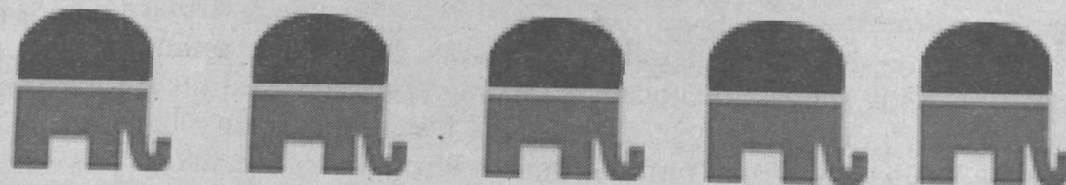
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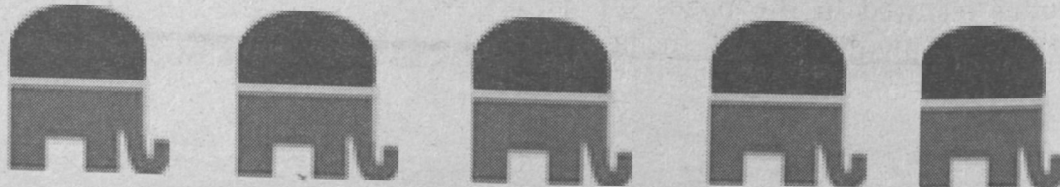


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#1-ranked Lady Pirates take home 10th PBC Championship

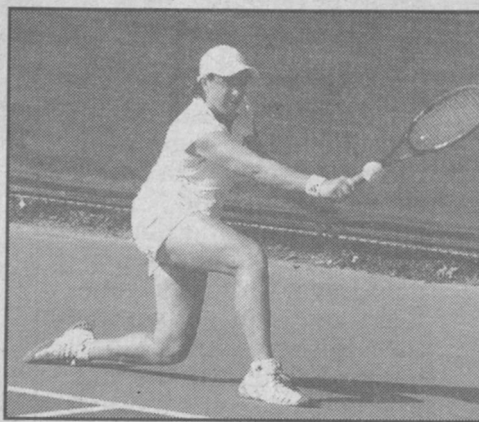
Chad Jackson
Special to The Inkwell

Armstrong Atlantic State took control early in doubles play and cruised to a 5-0 victory over No. 3 Columbus State in the championship match of the 2004 Peach Belt Conference Women's Tennis Championships Saturday afternoon at the USCS Tennis Complex.

With the win, Armstrong wins its 10th conference tournament title in the 13-year history of the event.

The Pirates have won three of the last four tournament championships and 10 of the last 12.

Armstrong took a 3-0 lead after doubles play as Columbus fought hard in the matches.



The Pirates won 8-5 in a tough No. 1 doubles match, and Luisa Cow-

per and Kristen Kelly took an 8-4 win at No. 3 doubles.

Manuela Emmrich and Caroline Grage cruised to an 8-3 win at No. 2 doubles.

In the singles portion of the match, Emmrich won in straight sets without losing a game at No. 4 and Laura Peaty claimed a 6-2, 6-1 victory at No. 5 to give

Armstrong Atlantic State the match.

Zsofi Golopencza, the four-time Peach Belt Conference Player of the Year, was named the league's tournament Most Valuable Player at singles.

Emmrich and Grage were named the doubles tournament MVP.

Barriger leads #26-ranked Pirates to split of doubleheader with Francis Marion

CSU Sports Information
Special to The Inkwell

Columbus State erupted for six runs in the third inning of Sunday's second game of a double header and went on to a 7-4 win, completing a sweep of the twinbill and of the Peach Belt Conference three game series.

The Cougars smacked 18 hits in game one to take a 14-6 win.

Armstrong (26-20, 8-13) jumped out to a 4-0 lead in game two and appeared on the way to salvaging a win in the series.

The Pirates picked up an unearned run in the first inning and then got a Michael Pelley sacrifice fly in the third and a long two-run home run from George Fletcher to take the 4-0 lead.

Columbus State answered by sending 10 men to the plate in the bottom of the inning and taking the lead for good with six runs. All six runs scored while two were out.

The Cougars strung together a pair of walks and five straight hits in the frame, getting aid from two AASU outfield errors.

David Brown singled home two runs, while CSU also got RBI hits from Billy Howard, Chris Lindlief, and Sean Sasser.

CSU added an insurance run in the fourth on a Howard groundout to score Kurt McKee who had earlier doubled.

Jon Habrack (4-4) was able to weather the early Pirate attack and settled in to pitch six innings and earn the win.

He allowed six hits and three earned runs while fanning six and walking none. Brian Baker fanned two of the three hitters he faced in the seventh to earn his fourth save of the season.

Marcus Barriger (6-3) suffered the loss for AASU, going three innings and allowing five earned runs with one

strikeout and four walks.

Zack Shelnett pitched two innings and Jon Troop one for the Pirates.

Brandon McKinnon had two of the team's six hits.

Billy Howard and David Brown had two RBI each for CSU as eight different hitters got base hits for the Cougars.

Nick Shay got things started in the second inning for CSU, walloping a solo home run into the construction site beyond left field.

The Cougars added a pair of runs in the second on four hits, with Billy Howard doubling home one run and Shay bringing in another with a single.

CSU scored two more in the fourth on an error by Pirate second baseman Rob Recuenco to go up 5-0, but AASU got to CSU starter Nathan Miller in the fifth, collecting four runs on four hits and chasing him from the game.

Sean Hotzak had an RBI double, and two outs later Recuenco delivered a single to drive home two more. A Michael Pelley double plated Recuenco to cut the CSU lead to 5-4.

The Cougars exploded for seven runs on six hits in the seventh inning to put the game out of reach.

Kurt McKee, Billy Howard and Chris Lindlief each drove home single runs and Shay belted a two-run triple to provide much of the offensive output.

AASU chipped in three errors afield to aid in the scoring. When the dust settled, CSU led 12-4.

After George Fletcher and Brandon McKinnon had RBI hits for the Pirates in the eighth, the Cougars plated a pair of insurance runs in the bottom of the inning.

Howard was hit by a pitch with the bases loaded for the first run

and David Brown followed with a sacrifice fly to make it 14-6.

Matt Raettig picked up the win in relief, going 2.1 innings and allowing a pair of runs on three hits.

He fanned two and walked one. Hurston Pitman hurled the final two innings, allowing just two hits with one strikeout.

Shay was a double shy of hitting for the cycle in the game, going 3-6 with four RBI.

McKee, Lindlief, and Trent Bianco also had three hits apiece for the Cougars, while Garrett Groce, Howard, and Cliff Harrison chipped in two each. Howard added three RBI.

Recuenco led an 11-hit AASU attack with three hits and two RBI, while Michael Pelley added a pair of hits. Leon Boyd (5-5) suffered the loss, going three innings and allowing three earned runs.

AASU will travel to Valdosta State on Tuesday.

#5-seeded Pirates claim third place at PBC's

Chad Jackson
Special to The Inkwell

No. 5-seeded AASU captured third place at the 2004 Men's Tennis Championships with a 5-3 win over No. 3-seeded Lander, avenging a 9-0 loss earlier in the season to the Bearcats.

AASU won two of three doubles matches as Peter

Dedik and Roger Thiele defeated Stefan Borg and Nick Tzekos, 8-6, at No. 2 doubles.

David Secker and Tim Offermann then knocked off Nicolas Legros and Henrik Erlandsson, 8-5, at No. 3 doubles.

Needing only to split the singles, the Pirates picked up wins by Peter Dedik, a 6-3, 6-4 winner over Stefan Borg at No. 2 singles;

Dale White, a 6-7, 6-3, 6-1 winner over Legros at No. 4 singles, and David Secker, a 6-1, 4-6, 6-2 winner over Tzekos at No. 6 singles.

It is AASU's second-ever win over the Lander men's team in school history.

Intramurals and Recreation Spring 2004		
Sports	Dates	
Softball	Play begins Mar. 21st	
Tennis Doubles Tour	late march/ early April	
5K Fun Run	April 17th at AASU	
Golf Tournament	April 16th at Southbridge Golf Course	
<i>Martial Arts</i>		
Capoiera	Mon. & Fri.	7:30-9pm(N.Balcony)
	Thur.	8:30-10pm(N.Balcony)
Karate	Thur.	7-8:30pm (N.Balcony)
<i>Miscellaneous</i>		
Pace the Nation	April 9th , 16th , 23rd	



Hittin' the High Notes

Sasha McBrayer
Assistant Editor

sm1522@students.armstrong.edu

Photo By S. McBrayer

Arts & Entertainment Activities From ArmstrongFest

• AASU Invitational Alumni Art Exhibition (April 12-28)

If you're thirsty for art you can still swing by Solms Hall to see a professional display of ceramics and paintings belonging to artists who have graduated from Armstrong.

• Bachelor of Fine Arts Exhibition (April 12-28)

The long anticipated, first BFA senior show is finally up. This innovative, above average student show is something Armstrong should really be proud of. On behalf of the bright young artists Tristy Stephens, Julian Santa Rita, and Sarah Haynes, I invite all to take a break and marvel at their creative, diverse pieces.

• Lasertag

When I approached what can only be described as a giant air filled tent to check out ArmstrongFest's free Lasertag on Monday, I didn't think I would play, however the friendly faces and warm summer air sucked me in.

After suiting up in the light armor of sorts, complete with chest target, back target, and laser gun, we activated our weapons and went charging into the darkness of the dome's interior.

Dodging around obstacles,

evading shooters, and stalking my prey through the red laser peppered smoke became quite addictive. It was a lot of fun.

• AASU Jazz Combo and Percussion Ensemble Joint Concert

Tuesday in the esteemed Fine Arts Auditorium Directors, Stephen Primatic, and Frank Gordon led the Percussion Ensemble and Jazz Combo, respectively. The end result was an exciting evening of music, which made me think...

Where does music come from? Today it is easy to think that music comes from CDs, radio, and the internet, but it doesn't. People make music, and there is nothing more primal, mysterious, and beautiful as the sounds produced by a musical instrument in the right hands. To see where music comes from, live, to witness its



Big Band Sounds of Mingus, Porter, Parker & More: AASU Jazz Ensemble In Concert

Sasha McBrayer
Assistant Editor

The AASU Department of Art, Music & Theatre presents its Jazz Ensemble, under the direction of Randall Reese, in a concert event featuring big band sounds of Charles Mingus, Cole Porter, Charlie Parker, and more. The ensemble will perform on Tuesday, April 27 at 7:30 p.m. in the AASU Fine Arts Auditorium.

Reese's program reaches a wide range of the jazz spectrum, also including music by John Coltrane, Chick Corea, Quincy Jones, and

the musical theater team of Rodgers and Hart.

"Have You Met Miss Jones?", a Frank Mantooth arrangement of Richard Rodgers well known tune, "Smiletones" by Don Sebesky, and "The Witching Hour" by Quincy Jones/arranged by John Higgins open the program.

Vibraphone soloist and fellow faculty member Stephen Primatic, joins Reese and the ensemble for a George Stone arrangement of Cole Porter's "Just One

birth, and support the arts, everyone should enjoy at least one of Armstrong's many relaxing evenings filled with song.

At Tuesday's successful concert, the Percussion Ensemble played a piece called "Metalwood," composed by Primatic himself. They also brought us a popular Dave Matthews' tune. Even more inventive was the addition to AASU's new indoor drumline to the mix. I hope to be seeing more of them soon.

The Jazz Combo followed intermission with toe-tapping selections from Dizzy Gillespie, John Coltrane and others, but even without the big names, these talented young people have achieved a mature, rich improve sound and style, which always amazes.

•The Mad Woman of Chaillot

Thursday, April 15, AASU's Department of Art, Music & Theatre, Savannah's Cultural Center on the Southside, also opened this hard hitting comedy.

Mad Woman is a French, political satire, which stars Becky Braunstein along side an assortment of talents. In fact, the cast fills the stage with interesting diversity. Hard work produced a terrific play.



Horoscopes: By Madame Noir

Aries (March 20 - April 19):

This is the week to watch sentimental movies and buy lot's of tissue. Though you are not normally emotional, Aries, your sign is highly influenced by others now and you will feel heavy empathy.

Taurus (April 20 - May 19):

Long awaited goals will finally be realized, however someone should have warned you to be careful what you wish for. Boredom may not set in.

Gemini (May 20 - June 20):

As Gemini nears graduation he or she may long for the past. Stop looking at photo albums and take this chance to see the people you may soon leave behind no matter how long it has been since your last contact.

Cancer (June 21 - July 21):

Unfortunately you are still placing your ex on a pedestal. Something negative will occur this week so that their true colors bat you over the head. You should have gotten out when you still had the chance.

Leo (July 22 - Aug. 22):

Like Gemini, Leo is feeling nostalgic this week, however for you it is not a good thing. Resist the urge to call up old flames. Stop thinking and busy yourself with an activity instead.

Virgo (Aug. 23 - Sept. 21):

Do not worry that you've spent

too much time on just yourself for the past two weeks. You are only young once. Enjoy yourself.

Libra (Sept. 22 - Oct. 22):

This week your sign is very distracted. Do not plan any big projects because Libra just won't be able to focus for a while

Scorpio (Oct. 23 - Nov. 21):

Project yourself against catching a cold or your allergies acting up. This week could be very nasty for your health.

Sagittarius (Nov. 22 - Dec. 21):

A new co-worker will make the job much more fun. Be nice and watch a quality friendship blossom.

Capricorn (Dec. 22 - Jan. 19):

Quit worrying about that big creative project coming up. If you take some cleansing breaths and just begin doodling your thoughts, brilliant plans are sure to come.

Aquarius (Jan. 20 - Feb. 17):

Aquarius, this week I have simple good news. That person you have been spending so much time thinking about is also thinking about you!

Pisces (Feb. 18 - Mar. 19):

If to are romantically involved, beware. This week you will be the flame all the moths are after. It will be up to you not to cheat.

Movies of the Week:

1. The Passion
2. Hellboy
3. The Alamo
4. Punisher
5. Kill Bill Vol. 2

Sasha's Pick:
Connie and Carla

CDs of the Week:

1. Usher: Confessions
2. Janet Jackson: Damita Jo
3. Lil' Flip: You Gotta Feel Me
4. Aerosmith: Honkin' on Bobo
5. Eric Clapton: Me and Mr. Johnson

Sasha's Pick:
Bob Dylan:
The Bootleg Series

CD of the Week:

Cubicle Wonderland

Amber Brown
Business Manager

By: David Jacobson

Song "The Great Cubicle in the Sky"

Some say after life is Heaven
Or if you're bad there's Hell
Some say you stay in a hole in the ground
But on Earth we never can tell

If my friend I've got a notion
That even when you die
You'll still commute every day
To that cubicle in the sky

Chorus:
Up in the cubicle in the sky
Going there when you die
There in the cubicle in the sky
It's either there or you fry

Jacobson has a unique style...very unique, however if you hate your desk job and enjoy listening to Weird Al, you just might like Jacobson. He doesn't remake good or bad songs into humorous parodies of the originals, but he does take something as simple and strange as a cubicle and make fun of it, exemplified by the "Great Cubicle in the Sky."

He sings only with an acoustic guitar, and some say his voice is soothing, edgy, and exciting, while I think his voice is just very different. He plays the guitar wonderfully, however, I was not as thrilled by his voice as I thought I would be. To his credit, Jacobson is brave enough not to change his voice with synthesizers. Instead he is very natural in an era when such is rare.

If you enjoy acoustic guitar with off-the-wall lyrics and want to learn about a new talent before he hits the big time...or doesn't, then sample this album for yourself.

David Jacobson will be at the Java Monkey in Decatur, Georgia from 8pm - 10pm.

Spotlight on Television:
Touching Evil

Sasha McBrayer
Assistant Editor

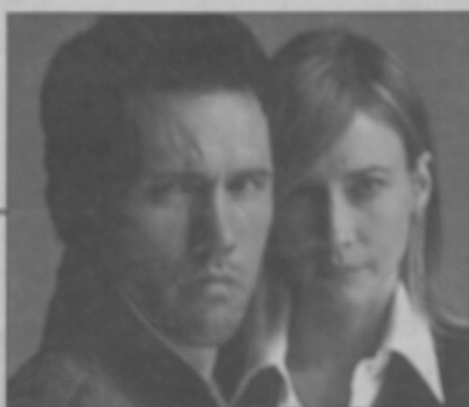
Executive Producer Bruce Willis brings us this new USA original series about not only vicious criminals, but the dramatic lives of FBI agents condemned to constantly battle them.

The show is centered around Detective David Cregan (Jeffery Donovan) and his new partner, Detective Susan Branca (Vera Farmiga).

David was shot in the head a year ago and is recently back on the job. He is intense and a little insane. His good looks and rogue personality make him an attention grabber on the show.

Susan tries her best to ground her partner and keep him from doing further damage to himself, but she also has problems, such as dealing with the death of her fiancé. Actress Vera Farmiga has hypnotic blue eyes and is a solid actress, though I miss the character she played in *UC Undercover*, a similar show, which has been cancelled. It starred "Mummy" and "Mummy Returns" actor Oded Fehr.

"Touching Evil" has welcomed other bright actors to their cast, such as the actor



who plays Will on *Alias*.

The show incorporates unique and unexpected twists in crime cases, however does not include the sense of realism that a show like *Law & Order* boasts. Still it is interesting. It also warns its viewers about adult content, as its criminals are among the most ferocious on television.

You can sample the show at 10:00 on Saturday.

2004 Visiting Writers Series:

Kirby & Hamby's
Poetry Pleases

Sasha McBrayer
Assistant Editor

You know you've got a lot going on professionally when your PHD son wins thousands on the reality series, *Big Brother 2*, and the fact is only a side note in your life. David Kirby and Barbara Hamby are published, award winning poets who each lectured on separate occasions to packed houses

as a part of Armstrong's Visiting Writer's Series that took place during National Poetry Month. They also happen to be man and wife, and father and mother to the before mentioned "15 minute" celebrity.

Not only were audiences comprised of students who HADN'T been bribed by their Language Arts teachers (though some were), but faculty members came for the highly enjoyable readings, and even Dean Wheeler took part.

Kirby read from his latest book, "The HaHa," which is aptly named. His wit drew laughter throughout the lecture.

He says that being a poet is, "not about putting black marks on a white page, but [it is] a state of mind," and describes poetry itself as an "intense addiction to playing with language." He also humorously encouraged student poets with, "if you say something positively brilliant, keep using it over and over again...plagerize yourself."

Kirby's poetry can be described as lengthy, narrative, stream of conscious-

ness pieces. He is like an academic Seinfeld, describing everyday events that intermingle and relate surprisingly to each other. He makes all people seem to be connected, not cosmically, but via humor and the human condition. Somehow he unlocks truth through the simple act of relating stories in poem form filled with international references and intelligent allusions as well as allusions to pop culture.

He likes to write poems that capture the way our minds work and says, "people are too bored too often, when we all have the same kinds of minds." When asked he also related that his poems take about two years to think about and take notes on, then about a half hour to write, followed by some revision.

Barbara Hamby's accolades include the Vassar Miller Prize for her first book, "Delirium," as well as the Norma Farber First Book Award, and the Kate Tufts Discovery Award and many more followed for the books that succeeded that

Fine Arts Calendar:

April 23: The AASU Department of Art, Music & Theatre presents Stephen West, tenor, in senior recital at 2:30 p.m. in the Fine Arts Auditorium. Admission is free. Call 927.5381 from 11 a.m. to 3 p.m. weekdays, for information.

April 25: The Coastal Jazz Association and AASU sponsor the Savannah Jazz Orchestra in the annual Duke Ellington Birthday Concert at 5 p.m. in the AASU Fine Arts Auditorium. Admission is free. Call 927.5381 from 11 a.m. to 3 p.m. weekdays, for information.

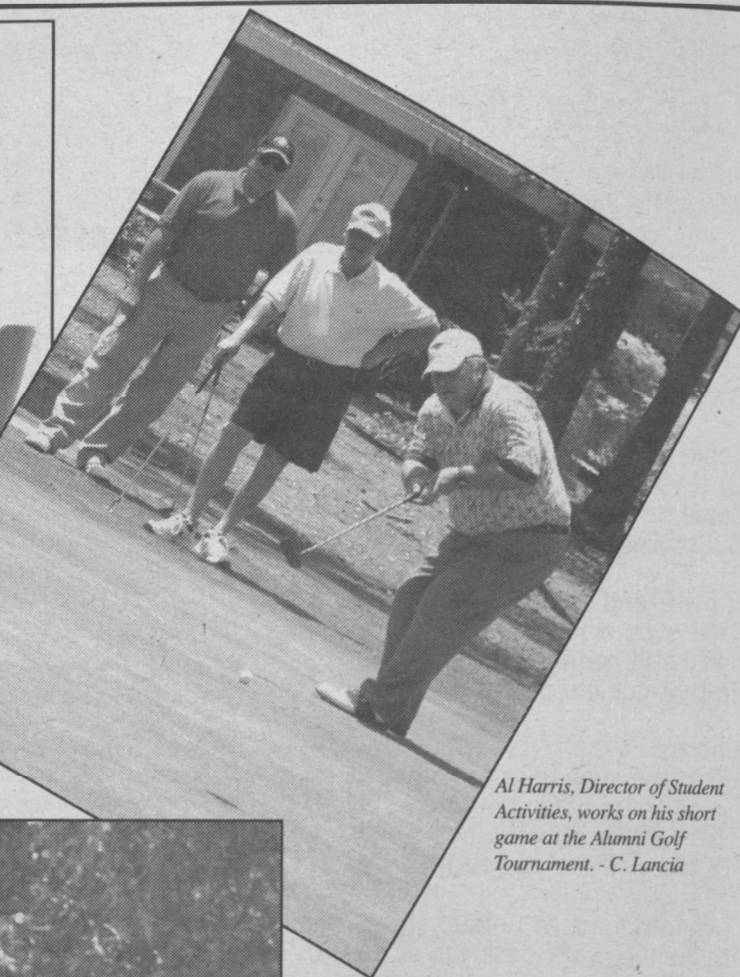
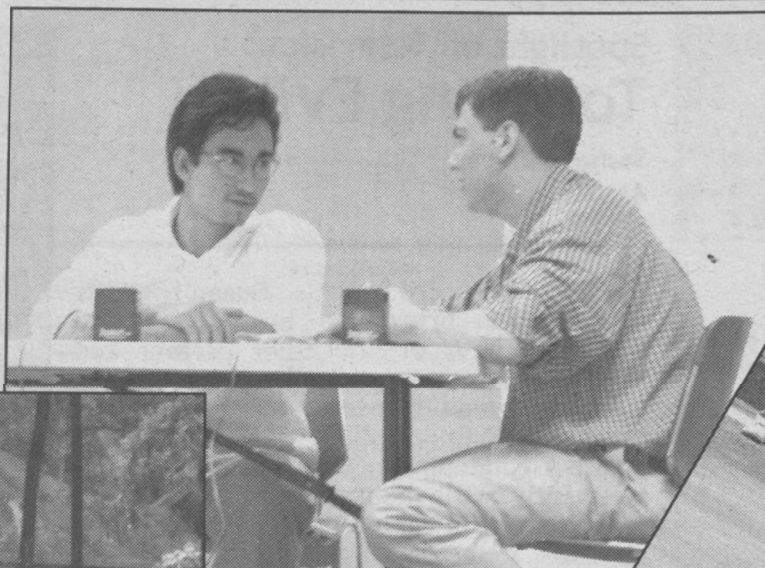
April 27: The AASU Jazz Ensemble performs in concert at 7:30 p.m. in the AASU Fine Arts Auditorium. Call 927.5381 from 11 a.m. to 3 p.m. weekdays, for ticketing information.

April 29-30, May 1: AASU Masquers present the Spring Semester Play Production Course Showcase Event at 7:30 P.M. in Jenkins Theater. Call 927.5381 from 11 a.m. to 3 p.m. weekdays, for ticketing information.

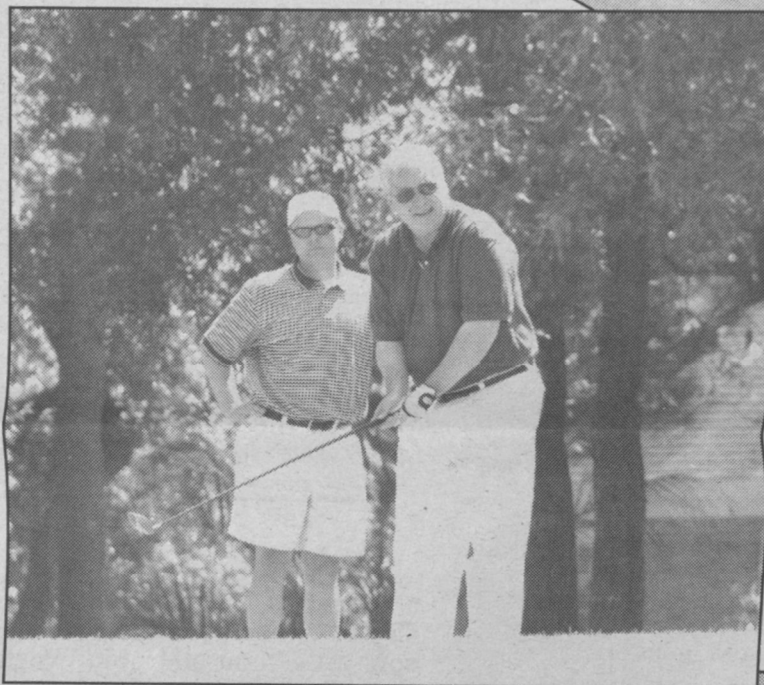
Jason Futch hits one off the beach during the Alumni Golf Tournament. - C. Lancia



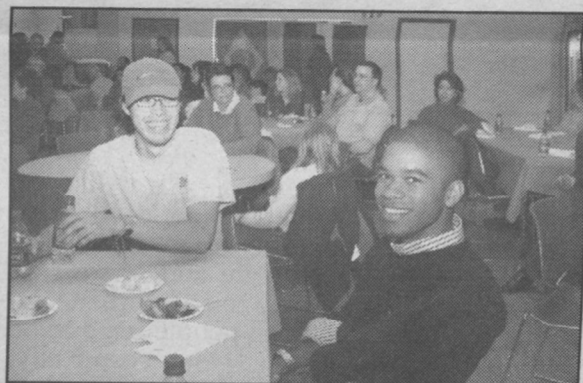
Kappa Sigma pledge brothers (l-r) Stephen Karcher and Brent Watson confer over a bonus question during the Organization Quiz Bowl. - A. Brown



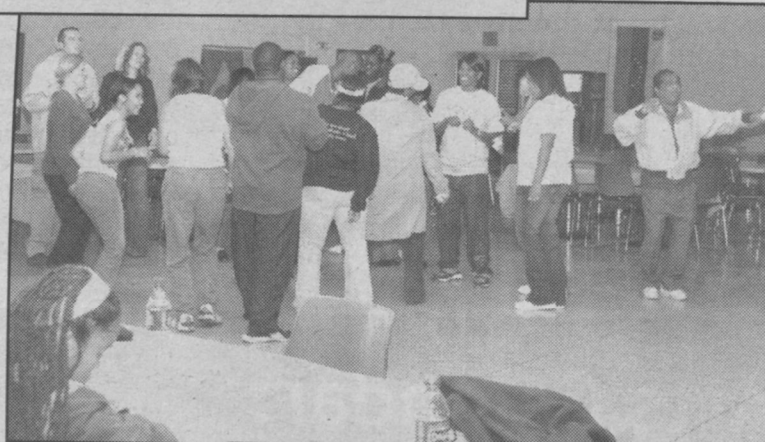
Al Harris, Director of Student Activities, works on his short game at the Alumni Golf Tournament. - C. Lancia



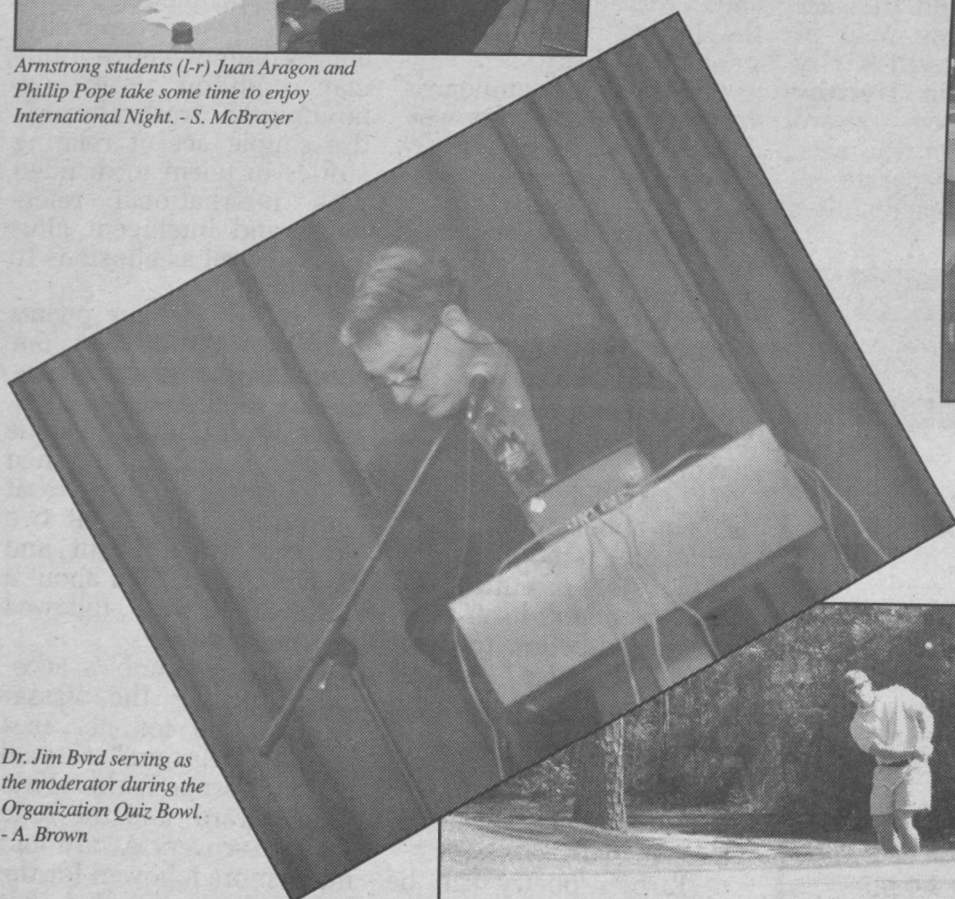
University President Dr. Thomas Z. Jones prepares to tee off on the 11th hole during the Alumni Golf Tournament. - C. Lancia



Armstrong students (l-r) Juan Aragon and Phillip Pope take some time to enjoy International Night. - S. McBrayer



The Trinidad Tripoli Steel Band inspired the crowd to get up and dance during International Night. - S. McBrayer



Dr. Jim Byrd serving as the moderator during the Organization Quiz Bowl. - A. Brown



Jason Futch chips one onto the green during the Alumni Golf Tournament. - C. Lancia



The Masquers put on another impressive performance with, "The Mad Woman of Chaillot." - S. McBrayer

How early is too early for students to attend class?

Chris Lancia
Editor



Are 8:00 am classes becoming obsolete?

This week, Duke University announced that it was removing all 8:00 am classes from the schedules in an effort to help their, "sleep deprived students."

Duke based the decision on an institutional research program that showed declining enrollment numbers in those early morning classes.

The general opinion around college campuses is that college students survive on a mixture of caffeine and sugar, often giving up sleep opportunities in order to pursue leisure activities.

Heavy class loads that include lots of assign-

ments are taking up more and more time to complete the class work.

But that leaves little time for students to partake in part of what they came to college for: the social life.

In a perfect world, the average college student would be here simply to get an education.

In reality, the average college student is experiencing, often for the first time, the freedom to go out and have some fun with the friends they've made at their school.

When do they get together? During the evening hours seems to be the best time, as there are usually fewer students enrolled in classes and they're able to get out and go eat dinner or see a movie.

These excursions often end up with the students 'hanging out' until the wee hours of the morning, sacrificing sleep for companionship.

Many colleges refuse to

acknowledge this trend, choosing instead to force the students to make a choice between partying and studying, between class work and friends.

Throw in the fact that the average college freshman has never had school start before 8:30 or 9:00 am, and you've got a recipe for disaster.

But this problem runs far deeper than simply early class times.

Many college students operate under the mistaken belief that 4 - 5 hours of sleep a night is plenty.

The truth of the matter, according to medical officials, is that, while the students may feel fine at first, they're doing damage to their bodies when they deprive themselves of the benefits of natural rest patterns.

At Armstrong, no relief is in sight for students uncomfortable with an 8:00 am class.

A look at the early Fall 2004 class catalog shows

an abundance of early classes available for enrollment.

With continued soaring enrollment numbers projected, change may be more trouble than it's worth.

Classes at Armstrong are already crowded, and there have been concerns voiced recently about the lack of classroom space.

Try taking away an entire scheduling block, and the effect would be devastating as the school tried to compensate for a loss of hundreds, perhaps even thousands, of seats that would have been able to be filled at that early hour.

What many young students fail to understand is that Armstrong is still largely a commuter school.

Compass Point set in motion a transition to a more traditional college setting, but having less than 10% of the student body living on campus doesn't provide any ur-

gency to embrace change on their behalf.

But there is that other 90% to consider.

With an average age of over 25, the students of Armstrong appear to be strongly non-traditional.

With a high average age, we actually benefit through the willingness of older students to take advantage of earlier classes.

For students that have no choice but to enroll in one of those early classes, there are a couple of tricks that can help you make it through the day.

- Stay away from the caffeine. While it may give you an instant boost, caffeine will cause your system to crash later.

- Take an afternoon nap. If you're feeling tired, find a place to take a quick nap (the library could even work if you don't snore).

So get some sleep and try to be well rested when that 8:00 am class starts.

Then ask if you get extra credit for sleepwalking.

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\$10---General Public

\$5---Children under 18

Immediate family members of

AASU employees

Retired Military

Military Dependents

FREE --Faculty and staff of

AASU Students of AASU,

SSU, and GSU AASU ALUMNI

Senior Citizens age 60 and

over Active military Immediate

family members of student

hygienists

Sealants-\$5 per tooth

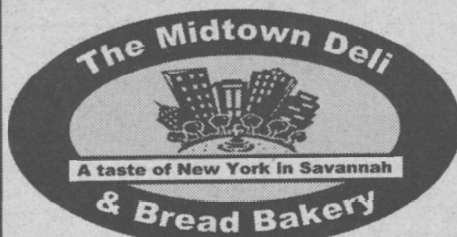
X-Rays-\$10 for full mouth series

or Panorex

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Student Activities

- The Inkwell is published and distributed weekly each semester. Copies are available in distribution boxes throughout campus.

- The Inkwell reserves the right to edit any

submissions for length or content.

- The opinions expressed by the students of AASU may not be the opinions of the staff of The Inkwell or the administration of AASU.

- The Inkwell welcomes letters and comments from readers provided that they are clearly written or typed. All submissions must be signed with a telephone number and SSN included for verification purposes. Names will be withheld upon request.

- The Inkwell welcomes public service announcements, press releases, etc. Such

information may be published free of charge at the discretion of the editorial staff.

- Photographs are not guaranteed to be returned after publication. The Inkwell will attempt to return photographs, but please make copies before submission.

Awards:

Outstanding Newspaper, Large University Division-SRPI, 2004

Most Improved-GCPA, 2004

Chris Lancia- Outstanding Sports Writing, Large University, SRPI, 2002, 2003

Looking for Love?

Well, we can't help with that, but the Inkwell does hold meetings every Monday at noon in the Inkwell office, located upstairs in the Memorial College Center, Room 202. Bring a friend!

Open SGA Meetings

Every Monday at 12:05, the Student Government Association holds weekly Senate meetings in University Hall, room 157. Senate meetings are open to all students, faculty, and staff. Everyone interested is encouraged to attend.

Minutes for all recent SGA Senate meetings are public record and posted outside the SGA Office located on the right side of the upper level of the Memorial College Center.

SGA Secretary Megan Moore
Email: sga@mail.armstrong.edu
Phone: 927-5350

Quotes of the Week

"Even a blind man knows when the sun is shining."
-The Grateful Dead

"In three words I can sum up everything I've learned about life - it goes on."
-Anonymous

"The supreme happiness in life is the conviction that we are loved-- loved for ourselves, or rather, loved in spite of ourselves."
-Victor Hugo

University Relations

- ◆ The G8 Research group to give a presentation on Global Governance on April 22
- ◆ Price named Interim Executive Director of Graduate Studies
- ◆ Tanenbaum named Special Asst. to the VP for Academic Affairs

For more information visit www.urelations.armstrong.edu!

AASU Calendar

For the latest info, log on to cove.armstrong.edu!

April

- 21 9:00 am - Spring College Fair
AASU Sports Center
12:00-1:15pm - EASE Luncheon
University Hall Rm 158
12:00-1:30pm - Macromedia Fireworks Workshop
MCC Annex Tech Rm 103
7:00-10:00pm - OMA Movie
University Hall Rm 156
7:00-9:00pm - Travelin' Max
Compass Point Courtyard
- 22 7:00-9:00 pm - Eldee Young Jazz Quartet
Fine Arts Auditorium
- 23 12:15-1:15pm - AASU Leadership Award Program
Fine Arts Auditorium
6:00-10:00pm - Hip Hop Herstory
Ashmore Hall Auditorium Rm 119
- 24 3:00 - AASU Baseball vs. GC&SU
Pirate Field
- 25 1:00pm - AASU Baseball vs. GC&SU
Pirate Field
- 26 12:15pm - Project MUSE Demo
Lane Library Rm 107
- 27 7:00pm - Creative Photography
Fine Arts Rm 134
7:30pm - Jazz Ensemble
Fine Arts Auditorium

For a complete calendar log onto:
<http://cove.armstrong.edu>

Classifieds

Want to make a difference?? Check out College Democrats! A National Democratic Organization devoted to informing and organizing students. Check out the website: www.collegeedems.com or call (912) 272-3096 for more information.
Together we can make a difference!

FREE LUNCH MONDAYS

Wesley Fellowship invites you to free lunch Mondays @ noon in Ashmore Auditorium!

HOPE TO SEE YOU THERE!!!

Contact your Wesley campus minister, Melissa Traver @ (912) 236-0042 or traver_m@bellsouth.net

Now Hiring! Associates of Pre-Paid Legal Casulaty, Inc. will be expanding our services in the Savannah area. We are looking for new associates to help us build our busniess. For more information, please contact David Johnson, Independent Associate at 912.897.4818 or 1.888.858.0141.
www.tvadman.com

Graduation Reminder! If you are finishing your requirements in time for December Graduation, please apply now! The deadline for application is two terms prior to completeing requirements! Graduation Applications are available in the Office of the Registrar and academic departments. For questions, contact your advisor or Craig Morrison, Assistant Registrar at morriscr@mail.armstrong.edu

For Sale! 1994 Saturn, SL1, 5Spd., 4Dr., Sunroof: \$1200. 36" RCA TV with entertainment center, DVD Player & RCA Stereo surround sound: \$500. Futon with mattress: \$100. Dining room table and chairs: \$75.

Armstrong Food Court Weekly Specials**Wednesday 21**

Chicken Guacamole Lavash, low fat chips
\$3.59

Thursday 22

Vegetable Pizza
Side Salad
\$3.59

Friday 23

Patty Melt
Steak Fries
\$3.59

Monday 26

Three Alarm Burger
French Fries
\$4.59

Tuesday 27

Chicken Tuesday
1/4 Fried Chicken
Mashed Potatoes,
Vegetable, & Roll
\$4.59